



NELSON COLLEGE

TE KURA TAMATĀNE O WHAKATŪ

Thursday 5th April 2023

Kia ora tatou

It's been a very busy term and, like you, everyone at school is looking forward to the Easter break and school holidays.

I want to take this moment to recognise the work of our staff and wider community this term to support our students. In the first newsletter of the year, I indicated some of the workstreams happening at Nelson College:

- the refresh of our junior curriculum
- PB4L with our new pou (values) and kawa (expectations)
- our new Ara Māori (Māori Immersion) programme
- new weekly and term reporting to parents
- regular Parent-Teacher conferences at the start of each term

This is along with ongoing developments around literacy and numeracy, and changes to NCEA. Our teachers and support staff have worked very hard to bring in these new initiatives, and to make them work for our students/rangatahi. I thank them very much for their hard work through the term, and wish them a relaxing, well-earned break over Easter and the school holidays.

What's Your Son Doing at Night?

I had the pleasure of visiting a year 9 class during period 1 on Monday. It was an engaging lesson. However, I was concerned at the handful of boys who were struggling to stay awake. When I inquired as to what they'd been up to, they honestly admitted playing computer games late into the night or morning.

I encourage you to talk with your son about playing computer games and using his device, especially at night-time. I play games myself and have no problem with them overall. They're entertaining and can be a positive way to relax and socialise. However, they're also designed to be addictive.

We adults need to talk with our teenagers about how they manage this. Sleep is very important to growing young men. I encourage you to support your son to not play computer games late at night, nor to take his device(s) to bed. Click [HERE](#) to read an article on computer games and sleep that may give you some ideas:

The first Monday (24th April) of Term 2 is a Ministry of Education funded Teacher Only Day, that all secondary schools in our region are using to plan for ongoing changes to NCEA. Students' first day of learning next term will be Wednesday 26th April, i.e. the day after ANZAC Day.

Further Industrial Action

I've sent a separate email to parents of likely industrial action by the PPTA in support of their pay claims. We will work with our local PPTA members to best manage disruption to learning. For the reasons indicated in my last newsletter, I support the need to pay teachers well to recognise their important work and to continue to attract quality graduates into the profession. I will keep you updated next term as further action is confirmed to us.

Ngā mihi nui,

R Dykes
Tumuaki // Principal

Upcoming Events:

APRIL

- 6 END OF TERM 1
- 24 STAFF ONLY DAY
- 25 ANZAC DAY
- 26 FIRST DAY TERM 2
- 26 ANZAC Service

May

- 2 Careers Roadshow
- 3 Parent Teacher Interviews (3-7pm)
- 4 Parent teacher Interviews (8.30am-3.30pm)
At home learning
- 13 Boarding Open Day (10am – 2pm)
- 26 Rockquest Finals

[Full Online Calendar](#)

Student Achievement

Cole Thelin wins Rotary Club's Young Totara Award



These are all the traits recognised by the Rotary Club's Young Totara Award. Last week, our very own Cole Thelin received the award at the club's weekly meeting which was presented by Hon Nick Smith, Mayor of Nelson. Cole lives with impaired vision and hearing and some coordination issues. But he never lets it get him down. He always has a big cheeky smile and a kind word for everyone and we couldn't be prouder of him.

He is an exceptional role model here at Nelson College and a walking embodiment of our school values - Manaaki (care) Pono (integrity) and Kairangi (success). Cole is supported by members of our learning support team, Jen Arai and Megan MacGibbon and rumour has it that when Cole received his award, they both got something in their eye at exactly the same time. What are the chances of that?!!! Well done Cole and enjoy your award. You deserve it!

Robertson Brothers at GWA Wingfoiling World Tour



Callum and Thomas Robertson went up against some of the world's best wingfoilers to compete in surf freestyle, jumps and tricks and slalom freefly. At the GWA Wingfoil World Tour. Callum made the Minor Finals with a ranking of 13 and younger brother Thomas was on hot on his heels with a ranking of 18. Tom was also one of the eight wingfoilers who kept the crowds entertained before the race. Nice work boys. We like the cut of your

Noah Malpot to Represent NZ in Sail GP Inspire grand final in San Francisco

Well done to Noah Malpot for his win at last month's SailGP Inspire Programme. Noah will be representing New Zealand in the grand final in San Francisco this coming May. Ka pai Noah. We know you worked hard for your victory and we are very proud of you.



ONLINE PARENT TEACHER INTERVIEWS - Week 2 in Term 3

- Wednesday 3rd May evening (3pm-7pm) Classes finish at 1.25pm
- Thursday 4th May (8.30am till 3.30pm) At home learning

Link and instructions for bookings will be sent out on Monday of Week 1.

Class and Individual Photo orders

The school photographer has emailed parents their child's unique Key Code to go online to view and purchase 2023 School Photos. *****FREE DELIVERY EXPIRES Midnight Sunday 23rd APRIL *****

If you have not received an email from Photolife or have any queries. Please contact us on: enquiries@photolife.co.nz

Career Hub

Next term is a busy one with lots of Career Exploration Events coming up, including the Careers Roadshow which connects students with a variety of options for them after they leave school. For example there will be local industry representatives, tertiary providers (polytech and uni), police, NZDF and the providers of apprenticeship programmers. It is targeted at Year 11-13.

The Roadshow is usually an annual event and we are excited to have them back after nearly 2 years of cancellations. The Roadshow will be at Nelson College on Tuesday 2nd May, with an Open Evening at Waimea College on Wed 3rd May, which is an open invite for students and families from any school to attend.

UPCOMING CAREERS EVENTS:

mon	tue	Wed	thu	fri
			27 April Aquaculture Careers Exploration Day <i>For registered students</i>	
2 May Uni Scholarships Session Lunchtime Library <i>Understanding the scholarship process and top tips and tricks on writing a strong scholarship application</i>	2 May Careers Roadshow 12.30-3.30pm NC Hall <i>Find out more about options when you leave school</i>	3 May Careers Roadshow OPEN NIGHT 6pm – 7.30pm Waimea College Hall		
<u>Parent Info Evening</u> Uni Scholarships What you need to know 6.30-8pm Staffroom <i>What you need to know around this process</i>				

Events in the pipeline for Term 2

- Career Exploration Days
 - Hospitality
 - Aquaculture Trip 2
 - Beyond the Front Door (Health)
 - Fantastic Futures Event
- University Preparation Sessions
 - Scholarship writing sessions
 - Hall application sessions

PROFILE: Navy Career Exploration Day

Last week two groups of students went over to Picton for the day to explore some different career pathways in the Navy. They got to talk with and find out about more about the different roles within the Navy Hydrography team (mapping the sea floor).

Thanks to Roy Wattie, the NZDF Liaison Officer, for organising this opportunity for our students.



If you are interested in being able to provide a work site visit or work experience in your industry, we would love to hear from you!

Contact Chris Phillips (Gateway and Work Experience Co-ordinator) on pl@nelson.school.nz or Vikki Heays (Careers Advisor) on vh@nelson.school.nz

Civil Tour Day

This week NRDA (Nelson Regional Development Agency) hosted a bus tour for students in the region interested in finding out what it's like to work for a Civil Construction company. The day covered informative tours around the Nelson Water Treatment Plant, a Fulton Hogan sub division project, Schick Civil Construction Coastal View retirement Village project, the Appleby Crushing plant and the Bell Island waste water treatment plant. Students met people working in the industry and learnt about the amazing training opportunities and career pathways available in this Sector.



Farewell to Di Edmonds

Today we farewell a valued staff member, Di Edmonds. Di has been with us for 15 years in various roles, most recently as Preparatory School Class Teacher. After a wonderful career in teaching, Di is retiring up North to Waipu, where she and her partner will be building a new home. Di is looking forward to living the good life, growing her own food and embarking on new outdoor adventures and exploring the beautiful North Island. Di is leaving our boys to spend more time with her own sons and grandsons.

We are grateful to Di for all her hard mahi, and the love of the outdoors that she has instilled in her pupils. We wish you all the best for your new life Di. Thank you.

Maths Hack



Last piece of the puzzle!

We're retiring our maths conundrums but plan to replace them with something else next term. In the meantime, can you figure this out?



Sports Office Snippets

Welcome to the end of an extremely busy and awesome Term 1.

Our Rugby 7s boys have had the most amazing trip to London and we look forward to hearing more of their stories. Tournament week has just finished and it was exciting as it hasn't happened for 3 years due to COVID. We had teams from one end of the country to the other.

We have been busy in the background, doing trials and sorting teams for our winter codes. If your son has not yet signed up for Basketball, Football, Hockey and/or Rugby please let Alethea know asap se@nelson.school.nz

Summer Tournament Week Roundup

Our sports teams were scattered across the country, from Lake Karapiro all the way to Invercargill.

Rugby



Our Touch team travelled to Christchurch for South Island Secondary Schools Touch Tournament. This is a young team and they performed really well, finishing 5th. Thanks to Old Boys Ben and Simon Anderson, who live in Christchurch, and coached them through the tournament, and to Tony Anderson and LeeAnne Manson for all their work as well.

Volleyball

Our Senior A Volleyball team travelled to Palmerston North for New Zealand Secondary Schools National Tournament. After having their ferry cancelled, we arranged flights and got them there. A tough loss in their first game meant it was all uphill for the rest of the tournament. They were disappointed to find themselves in Div 2 at the end of pool play. They placed 29th overall. A massive thanks to coach Dylan Wells and manager Jennifer Duff for looking after these boys.



Mountain Biking



A small group of Mountain Bikers set off to Queenstown to compete in the South Island Secondary Schools Championships. It was cold and muddy but the boys had a great time. Thanks to Paul Dukes for looking after the boys.

Athletics



Eight boys travelled to Invercargill to compete in the South Island Secondary Schools Athletics Championships. We will update all the results soon. Thanks to Juanize and Ian Hill for being our representatives down there.

Rowing

Maadi 2023 came to end on Saturday. With 2, 267 rowers from schools right across the country, 430 races being rowed to get to the finals of 52 different events, and 156 medals up for grabs - is still the largest secondary school sporting event in the Southern Hemisphere.

No medals for us this year, but watch this space next year with Murdoch Smith (10) and Olly White (Y10) who gained 4th place (double) and Murdoch gaining 6th place in the single.

It is a pretty epic feat to make it through to an A final at Maadi. First you have to place 1st or 2nd in your heat, and then often you need to race a semi-final as well before you get to the final. So big congratulations to these two boys, and even though they didn't get a medal, they will come home with a Top Ten (nationally) pin.

Final results are as follows:

- U/15 double sculls: Murdock Smith & Olly White 4th
- u/18 novice double sculls: Ollie Hawkins & Charlie Parker 13th
- u/18 coxed quad sculls: Ethan Steele, Jaxon Taylor, Ted Callaghan, Ollie Lock + Blair Lind (cox) 13th
- u/18 single sculls: Jaxon Taylor 13th
- u/15 coxed quad sculls: Olly White, Murdock Smith, George Moloney, C Nicols + Blair Lind (cox) 17th
- u/15 single sculls: Murdock Smith 6th

The boys will now have 4-6 weeks off, and then they will be back into training again late May to start preparing for next season!



Sailing

Our Sailing team have been in Picton competing in the Tasman Secondary Schools Sailing Regatta. The boys sailed well in challenging conditions, placing 3rd in the silver group. The weather was very changeable ranging from very light winds or no wind for the first couple of days to the final day getting cut short due to strong gusts. The team has several new members this year and the regatta provided some valuable experience before nationals in Algies Bay later in April.



Outdoor Education

Year 12 and 13 kayaking trips



Kayaking is a hydroslide ride where you choose the line. In March, 38 students, over three trips, spent two days on the Motueka and Buller rivers. The Year 12 classes started on the Motueka, a perfect place to put into action all the practice that we'd done in the pool. Students could see the relevance of the edging, speed and angles we had spent weeks developing. Whitewater kayaking is a technical sport and takes practice to perfect, and our students turned up with great attitudes both in the pool and on the rivers. Those who put in the mahi thrived.

The Year 13's and some of the more competent Year 12 students went straight to the Buller River, starting at Owen campground. The highlight for these students, most of whom developed a river roll, was paddling the Granity section of the Buller River, grade 2+. They also got to see Granity rapid (grade 4), which the students walked around, an opportunity for the future for those that progress in this sport.

11GEO Abel Tasman National Park research field trip



Last month, the Year 11 Geography class embarked on a field trip to the Abel Tasman National Park. Half of the class spent a day in the park conducting counts of native bird species on Adele Island and Cyathea Cove on the mainland coastal track. Justin and Heather from Abel Tasman Eco Tours provided water transfers to and from the mainland, and an interpretive tour around Adele Island and the Astrolabe Roadstead.

The class investigated differences in the number and range of native bird species between locations. We were interested in whether there would be more birds on 'predator free' Adele Island, compared with Cyathea Cove, which is still affected by invasive pest species. This would help the class assess the effectiveness of the management of pests such as rats, stoats and possums in the national park.

The weather was changeable, but groups worked well and kept a high level of focus over both days. The students enjoyed being out of the classroom, learning about the protection of native birds in a practical way. Primary data collected during the field trip will be used by the students to write an internal assessment in the form of a research report.

Thanks to Alex Crisp and Richard Townsend for accompanying one of the two groups each day. Both teachers shared their passion and positivity about our natural environment, adding greatly to the experience for our students!

The Amazing Race

Nelson College for Girls hosted The Amazing Race in their library this week. Everyone had a great time completing challenges and tasks related to history, space, biology, sign language and loads more. There could be only one winner however. 'The Michaels', appropriately named owing to the fact that the team did in fact have one Michael in it were the ones to take home the coveted Pizza Hut vouchers! Well done everyone and thanks Nelson College for Girls – We're good together!



Guidance Counselling at Nelson College

Every school in the country has at least one guidance counsellor. Know why?

Because life can get complicated, and we all need a little help sometimes. Problems, anxiety and stress affect everybody at some point and can stop us from seeing a way forward.

Just like a guide on a bushwalk, a guidance counsellor can help you to find a way to where you want to be. You have to do the walking, but they can show you the path. When you're ready to talk, we're here to listen. No judgement, no lecturing. Just practical, helpful guidance when you need it.



Nicky Lawes



Heledd Restall BA(Hons), PGCE, Dip Couns. MNZAC

Kia ora! I have been a Guidance Counsellor for three years after changing career from being a Microbiologist. I enjoy supporting young people to find their way through tough times and to be their best selves. I am married with two children and lots of pets. In my spare time I enjoy fishing, baking, and spending time with friends and family.

Kia Ora, I have been a Guidance Counsellor at Nelson College for 10 years. I enjoy creating strategies with young people to help with the difficult parts of life. I have taught in the specialist areas of Alternative Education and Learning Disabilities. I am a mother and a grandmother. When I'm not working, I enjoy riding my bike, watching rugby, and spending time with my family.

Look out for our new brochures which will be dotted around the school in term two. They are full of information about what you can expect from your school guidance counsellor.

Preparatory School News

Congratulations to the Year 8 Prep team who placed 3rd at the interschool Kids Lit quiz competition. Reading is a sport and we've certainly got some great readers in this team!



General School Information



Uniform Shop

The uniform shop will be closed during the holidays, but you are still welcome to shop online. Apologies, but socks are still delayed due to the flooding in Auckland.

Notices



Revised Commercial School Bus Rates Starting from Monday 24 April 2023

DAY RETURN			
	WAIMEA/GARIN COL	NAYLAND COLLEGE	NELSON COLLEGES / NMIT
MOTUEKA/MAPUA	\$9.00	\$10.00	\$10.00
WAKEFIELD	N/A	\$10.00	\$10.00
WAIMEA COL	N/A	\$6.00	\$6.00

INDIVIDUAL - ONE WAY			
	WAIMEA/GARIN COL	NAYLAND COLLEGE	NELSON COLLEGES / NMIT
MOTUEKA/MAPUA	\$4.50	\$7.00	\$7.00
WAKEFIELD	N/A	\$7.00	\$7.00
WAIMEA COL	N/A	\$3.50	\$3.50



Learn to Sail Holiday Programme

There are a couple of spaces left in week one so hurry to book yours!

For more info click [HERE](#)

START
YOUR
LEGACY



Upcoming Information Sessions

Boarding information meetings with
Director of Boarding Tim Middleton

- Kaikoura Apr 28
- Seddon Apr 29
- Blenheim Apr 30

Nelson College offers
the best in boarding

OPEN DAY
ON-CAMPUS
MAY 13



For more information, or to register, visit nelson.school.nz

Nelson College for Girls PFA
presents

Emma Wright Raising Body Confident Kids

A ***must see*** for
parents of
toddlers to teens

Thursday
18 May, 7 pm
\$20

Nelson Girls College
Hall

Book your ticket

<https://emma-wright-nelson.eventbrite.com/>



Emma Wright presents
**Raising
Body
Confident
Kids**

In the age of Instagram and Tik Tok, raising kids who feel good about themselves and their bodies is a parenting minefield.

At this event you'll learn how to help your child:

- Feel more at ease around food, so they eat the same way whether you are in the room or not (no more hiding, sneaking or food battles)
- Know that who they are as a person is more important than how they look
- Be discerning about what they watch on screens or social media, and understand that the images they see often do not reflect reality
- Meet painful food or body situations with resilience and fortitude.

The event will be held on Thursday 18th May at 7pm in the Nelson College for Girls Main Hall. Tickets are priced at \$20 per person (plus \$2.20 booking fee) and are on sale at <https://emma-wright-nelson.eventbrite.com/>



IRON DUKE SEA SCOUTS

Volunteer Opportunities



If you...

- have a few spare hours a week
- are keen to learn new skills
- want to give back to your community
- have an appetite for adventure

NEEDED NOW

- Scout Leaders
- Parent Helpers
- Committee Members

Get in touch
ironduke@group.scouts.nz



Maths Hack Answer

